



## Pet treat recipes for dogs

### Recipe

# Grain-Free Coconut Soft Chews

These coconut soft chews will have your pups going coco-mutts!



## Ingredients

- 165g of sweet potato, mashed (approx. 1 small or 1/2 large)
- 2 free-range eggs
- 3 tablespoons of unsweetened applesauce
- 1 large tablespoon of coconut oil, melted
- 1 teaspoon of honey (optional)\*
- 6 tablespoons of coconut flour, sifted

\* Honey is not suitable for puppies, adult dogs only.



## Method

1. Preheat the oven to 180°C
2. Measure out half of the mashed sweet potato and mix with free-range eggs, applesauce, melted coconut oil and honey. Sift coconut flour and add to the mixture slowly. Stir until mostly smooth
3. Line a baking tray with grease-proof paper. Spread mixture onto the lined tray, so that it is approximate ¼ inch thick
4. Bake for 20 minutes
5. Remove tray from oven, allow to cool slightly, and then carefully cut treats into 'bite size' squares
6. Place tray back in the oven for another 15 minutes, or until the outer edges begin to brown
7. Allow treats to cool before transferring to a container



### Disclaimer:

When baking for your pets, please remember that our four-legged friends have unique dietary requirements. If you are experimenting with new ingredients please check with your vet first!  
Take care to respect individual allergies. Dogs should not be given chocolate, raisins, caffeine, macadamia nuts, yeast dough, or sweeteners. Please remember, young dogs are particularly sensitive, so save these treats for adult pooches!  
Enjoy treats in moderation on the odd occasion.



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### Recipe

# Pupsicles

If you can't stand the heat, get into the kitchen!  
Treat your pup, on sunny occasions, with these icy gems!



## Ingredients

150g of organic low fat, plain Greek yoghurt\*  
50g of sugarless, unsalted peanut butter  
100ml of water

\* Dogs are lactose intolerant - eat in moderation



## Method

1. Melt the peanut butter in a microwave safe bowl
2. Mix the yogurt, water and melted peanut butter
3. Pour the mixture into cupcake papers
4. Place in the freezer
5. Treat your dog on a sunny day!  
(Remember to remove them from the cupcake papers).



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### Recipe

# Freshen-pup treats

Treats to freshen the breath of your pet!



## Ingredients

- 1 medium ripe banana
- 1 free-range egg
- 25g of grated carrot
- 25g of fresh parsley, finely chopped
- 75g of oats
- 1 tablespoon of coconut oil



## Method

1. Preheat oven to 160°C
2. Pulse the oats in a food processor until they have a flour-like consistency, then place them to one side
3. Mash the banana in a bowl, add the beaten free-range egg and coconut oil, and mix well
4. In another bowl, mix the carrot and parsley. Add the oats and the banana. Mix slowly, so it distributes evenly.
5. Dust flour on a clean surface or large cutting board
6. Put the dough on the surface. Knead it for few minutes until you form a soft ball
7. With your hands, pull away small pieces and roll them into balls.
8. Flatten slightly with your hand.
9. Place each ball on a baking tray lined with grease-proof paper
10. Bake for 30 minutes or until they are lightly golden brown
11. Store the treats in an airtight container after they cool



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# The Big Barking Bake Sale

## Recipes for cats

We have just the thing. It's time to let your kittens get their mittens on these treats!

### Recipe

# The Purr-fect chew

We have just what chew need!



## Ingredients

- 1 large free-range egg
- 120g of wet cat food
- A large handful of parsley, coarsely chopped
- 2 teaspoons of olive oil
- 2 tablespoons of water
- 120g of brown rice flour
- 95g of cooked rice (white or brown)



## Method

1. Place a rack in the middle of the oven and preheat oven to 165°C/gas mark 3. Line a baking tray with grease-proof paper and set aside
2. In a medium bowl, whisk together free-range egg, wet cat food, parsley, olive oil, and water. Add brown rice flour and cooked rice. Mix well. The mixture should be thick but spreadable
3. Spread the mixture onto the prepared baking sheet, creating a rectangle that is about 1/3 of an inch thick. Bake for 12 to 15 minutes
4. Remove from the oven and leave until they are cool enough to handle. Then slice the dough into bite-sized pieces
5. Return pieces to the oven to bake for another 8 minutes
6. Remove from the oven. Allow to cool completely
7. Store in an airtight container in the fridge



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## Recipes for cats

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### Recipe

# Su-purr-ior salmon treats

Be-claws they're worth it.



## Ingredients

280g of dolphin-friendly canned salmon (undrained)  
1 free-range egg (beaten)  
240g of whole wheat flour



## Method

1. Preheat oven to 180°C/gas mark 4
2. In a food processor, pulse the undrained, canned salmon
3. Combine salmon, beaten free-range egg and flour until dough forms. If dough is too dry, add a little water, if too wet or sticky, add a bit more flour - the dough should be tacky but not sticky
4. Roll out dough on a floured surface until about 1/4 inch thick. Use a 3/4-inch cookie cutter in the shape of your choice to cut out your treats
5. Place treats on a grease-proof paper lined baking tray and bake for about 20 minutes, until they are slightly browned and crunchy
6. Allow to cool before serving



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